

## **MONTH 8**

**Thursday 1<sup>ST</sup> March, 2007**

***OFFICIALY 7 MONTHS OLD TODAY!***

Daddy and I haven't spent much time together this month because he has worked Over-time nearly every evening and weekend so with me working evenings we speak briefly when I crawl into bed at 10.45pm!. Can't complain as we need the money and it's just another hurdle to overcome until the Mobile Home Sells. (Been through worse!).

Granny & Granddad Mott have visited and you cried again for the first 15 minutes or so until you got used to them. Hope its just a phase as feel very embarrassed but your Cousin Courtney apparently when Granny & Granddad Mott went over to baby-sit would go upstairs to bed and cry!!.

You have had a couple of funnies where you woke up at 4.05am on one occasion and another when you woke up at 12.30am, 12.40am, 12.50am then 5.30am, 5.45am and then at 7.15am!!!! – Much to say Daddy & I were extremely knackered the next day and you had red rings round your eyes as well (not surprised). It didn't help that I have had a migraine for 3 days and feel a tad unwell.

Took you to the Baby Clinic next day just to see if there was anything I could do but she suspected you had a virus as I had been unwell and to leave it another night. Left Daddy instructions to give you Calpol before your bed-time bottle and you slept right through – wish I could say the same for me though as it would appear my cold is progressing and had trouble sleeping due to the sore throat and bugged up nose! – Typical.

As it was you exploded in your nappy whilst I wasn't looking the next day and it was so bad I had to put you in the bath as it was all down your legs etc – yuck!. (Think it might have been the Cottage Pie – find out tomorrow as you're having the other half of the jar tonight!

Still not showing much sign of crawling but food intake on the up and milk on the decrease during the day. Down to 5 ounces with food and 8 at bed-time. Started to brush your 2 teeth to get you used to the brush and the taste of the toothpaste.

Had a really heavy cold this month which is the reason you woke up, ended up after 3 sleepless nights taking you (&me) to the Doctors for a check-up, your ok just a bit bugged up but I got Anti-biotics.

Have elevated one end of the mattress and give you Calpol before bed-time. Also, the new Gro-bag Daddy ordered for you came so using that which is regulating your temperature better. Will cut out Calpol on Saturday as well as put Mattress flat now that your cold is getting better and see what happens!.

You have this month improved your 'pincer grip' (thumb & forefinger) and are getting more adapt to feeding yourself with finger foods.

You have also learned to commando crawl extremely well in the last week and it's just as well that Granddad Mott & Daddy are going to move the phone cable this weekend (01.04) as that's what you make a bee line for every time you get the opportunity.

Have taken to putting you in the playpen now when I go up for a bath as not sure what you're getting up to when I'm not watching.

**FOODS INTRODUCED THIS MONTH ARE:-**

Heinz 'Mums Own' Pumpkin, Swede & Lamb

Heinz 'Mums Own' Sweet Vegetable Pasta

Heinz 'Mums Own' Cottage Pie

Heinz 'Mums Own' Mediterranean Vegetables with Chicken & Sweet Potato.

Heinz 'Mums Own' Lemon Curd Pavlova

Heinz 'Mums Own' Bannoffee Pudding

Heinz 'Mums Own' Apple & Rice Pudding (Bit too much Cinnamon)

*(7 months/ stage 2) – Food that actually smells nice and as it's supposed to!! Only problem I have found with this range is there isn't many puddings in jars).*

HiPP Organic Spaghetti Carbonara

HiPP Organic Cocoa & Vanilla Desert

HiPP Organic Tropical Fruits Medley

HiPP Organic Pasta Italiane & Ham

HiPP Organic Raspberry & Strawberry Yoghurt

Organic Rings – Sweetcorn Flavour

Organic Mini Rice Cakes – Apple Flavour

Semolina (with small dollop of Jam)

Cow & Gate Apple & Pear Juice

Cow & Gate Summer-fruits Juice

Ready Brek

Mild Cheese (Mixed with Mashed Potato)

Raspberry Jam

Above foods are in addition to the Home-made mashed fruit, veg, chicken, rice & Pasta given on a more regular basis.